

K-love is a positive community radio station that serves to provide hope and good mental health. I am always uplifted in some way by the music or the message that it sends. The community has been impacted by its message. Some have shared that they have at times been flipping through the station during a difficult time in their life and have come across k-love with an inspirational message that helps them in their need. Without K-love, many listeners would lose a venue to reflect, to be inspired, motivated and uplifted; especially on the drive to and from work. It helps to start the day off well, and unwind on the way home. I feel strongly that it is good mental health.